

痛みの定義・改訂版(2020年:IASP公式日本語訳)

「組織損傷が実際に起こった時あるいは起こりそうな時に付随する不快な感覚および情動体験、あるいはそれに似た不快な感覚および情動体験」

Pain: An aversive sensory and emotional experience typically caused by, or resembling that caused by, actual or potential tissue injury.

Note(国内で統一訳を作成中)

- (1) Pain is always a subjective experience that is influenced to varying degrees by biological, psychological, and social factors.
- (2) Pain and nociception are different phenomena: the experience of pain cannot be reduced to activity in sensory pathways.
- (3) Through their life experiences, individuals learn the concept of pain and its applications.
- (4) A person's report of an experience as pain should be accepted as such and respected.
- (5) Although pain usually serves an adaptive role, it may have adverse effects on function and social and psychological well-being.
- (6) Verbal description is only one of several behaviors to express pain; inability to communicate does not negate the possibility that a human or a nonhuman animal experiences pain.

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